## Stimulants and Pregnancy

## **Commonly Misused Stimulants**

- Medications used to treat a variety of attention and behavioral disorders. Including those related to sleep, mood, weight and impulse control.
  - Commonly used to treat Attention-deficit Hyperactivity Disorder (ADHD), Narcolepsy and Obesity.
  - Some forms are known as: Adderall\*, Vyvanse\*, Ritalin\*, Adipex\*.
- Illicit substances that induce a sense of euphoria and increase activity.
  - Some common forms are: Cocaine, Methamphetamines and Amphertamines.
- Misuse can result in aggression, irritation, hostile behavior and suicidal thoughts or actions.

Effects on Baby	
Holes in	al death al seizures stomach wall d abdominal
organs • Transve deficien	
<ul> <li>Preterm</li> <li>Cardioval</li> <li>disorder</li> </ul>	ascular
Cleft pa	

Smaller head

oxygen)

circumference

Fetal hypoxia (lack of

## **Effects on Mother**

- Miscarriage
- Uterine Ruptures
- Cardiovascular issues
- Kidney failure
- Preeclampsia
- Liver rupture
- Placental abruption
- Maternal ICU admission
- High protein levels in urine
- Multiple organ ischemia
- Seizures
- Death





Facts and Figures
Stimulants are traceable in

human milk

**Cocaine** is the leading cause of hospitalizations for substance use in pregnant woman

Meth exposure in the womb has been linked to **depression** and anxiety in children

1 in 1,900 babies born in U.S. suffer from underdeveloped or missing limbs due to stimulant use during pregnancy

Consult with your healthcare provider with any questions or concerns regarding prescription medications if you are or are planning to become pregnant.

\*Use of brand names does not imply or indicate an endorsement of use.



